

15 Months to 18 Months

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:15	Story /circle Time Singing Songs or coloring	Story /circle Time Singing Songs or Coloring	Story /circle Time Singing Songs or coloring	Story/circle Time Singing Songs or coloring	Story /circle Time Singing Songs or coloring
9:20-9:40	Music/Movement Physical games Outdoors	Science OR Art Act OR Journal Crayons Pencils Outdoors	Letters, Colors Numbers, Shapes Learning through games and songs Outdoors	Science OR Art Activity OR Journal Crayons Pencils Outdoors	Music, Movements Outdoors
9:40-10:00	Intellectual Developmental Activity-Puzzles, games, Legos	Physical Games/Linking Toys	Music/Movements Instruments	Intellectual Developmental Puzzles, games Legos	Free play with different balls
10:00-10:30	Outdoor Play	Outdoor Play	Outdoor Play	Outdoor Play	Outdoor Play
10:30-11:00	Lunch 1	Lunch 1	Lunch 1	Lunch1	Lunch 1
11:00-11:30	Free outdoor Play Free Learning Emergent Theme	Free outdoor Play Free Learning Emergent Theme	Free outdoor Play Free Learning Emergent Theme	Free outdoor Play Free Learning Emergent Theme	Free outdoor Play Free Learning Emergent Theme
11:30-12:00	Prep for Nap Time	Prep for Nap Time	Prep for Nap Time	Prep for Nap Time	Prep for Nap Time
1:30-2:00	Lunch 2 After Nap	Lunch 2 After Nap	Lunch 2 After Nap	Lunch 2 After Nap	Lunch 2 After Nap
2:00-3:00	Free outdoor Play Balls, swings etc.	Dramatic Play / Free outdoor play	Sensorial Games/ Free outdoor play	Physical Games/ Free outdoor play	Free outdoor Play Balls, structures
3:00-3:20	Snack	Snack	Snack	Snack	Snack
3:25-3:50	Free Play/ indoors Or outdoors	Free Play/ indoors Or outdoors	Free Play/ indoors Or outdoors	Free Play/ indoors Or outdoors	Free Play/ indoors Or outdoors
4:00-4:25	Story Time/Songs sharing time	Story Time/Songs sharing time	Story Time/Songs Sharing time	Story Time/Songs Sharing time	Story Time/Songs Sharing time
4:30-5:00	Free Play Snack	Free Play Snack	Free Play Snack	Free Play Snack	Free Play Snack
5:00-5:15	Linking Toys Discovery	Bingo Discovery	Games/Activities Discovery	Songs Discovery	Linking Toys Discovery
5:30-6:00	Free choice	Free choice	Free choice	Free choice	Free choice

During spring, summer, fall and winter months all activities are outdoors. During the winter months if it too cold or if it is raining all activities are indoors.

18 Months to 2 Years

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:20	Story Time/ circle sharing time, songs	Story Time/ circle sharing time, songs	Story Time/ circle sharing time, songs	Story Time/ circle sharing time, songs	Story Time/ circle sharing time, songs
9:20-9:40 Outdoors	Journal/Blank Paper with Crayons, Pencils, etc.	Science OR Art	Letters, Colors, Numbers, shapes Learning Games and songs	Science OR Art	Letters, Colors, Numbers, shapes Learning Games and songs
9:40-10:00 10:00-10:25 Am Snack	Physical Activities	Intellectual Development Activity, Legos, games,	Music/ Movement Instruments	Journal Crayons Pencils	Journal/Blank Paper with Crayons, Pencils, etc.
10:30-11:00 Outdoors	Free Play , sensorial OR Water Play	Free Play, sensorial OR Water Play	Free Play , sensorial OR Water Play	Free Play, sensorial OR Water Play	Free Play, sensorial OR Water Play
11:00-11:30 11:30-12:00	Lunch/Diaper Change Outdoor Play	Lunch/Diaper Change Outdoor Play	Lunch/Diaper Change Outdoor Play	Lunch/Diaper Change Outdoor Play	Lunch/Diaper Change Outdoor Play
12:00-2:00	Nap Time	Nap Time	Nap Time	Nap Time	Nap Time
2:00-3:00 Outdoors	Lunch 2 Free Play Water Play	Lunch 2 Dramatic Play	Lunch 2 Sensorial Activity	Lunch 2 Physical Activities	Lunch 2 Free Play Water Play
3:00-3:30 Outdoors	Linking Toys Water Play	Physical Activities Water Play	Physical Activity Water Play	Free Play Water Play	Word Play
3:30-4:00 Outdoors	Snack Free Play	Snack Free Play	Snack Free Play	Snack Free Play	Snack Free Play
4:00-4:45 Out/Indoor	Circle Story Time	Circle Story Time	Circle Story Time	Circle Story Time	Circle Story Time
4:45-5:15	Free play or Music	Free play or music	Free play or music	Free play or music	Free play or music
5:00-5:30	Physical Activities/games	Bingo Sequencing Recognition	Games Activities Jump Rope, Ball Games	Mystery Box Lacing Cards Group Activity	Linking Toys
5:30-6:00	Free choice	Free choice	Free choice	Free choice	Free choice

During spring, summer, fall and winter months all activities are outdoors. During winter months if it too cold or if it is raining all activities are indoors.

2 Years to 2 ½ Years

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:20	Story Time	Story Time	Story Time	Story Time	Story Time
9:25-9:50 Outdoors	Journal/Blank Paper with Crayons, Pencils, etc.	Science OR Art	Letters, Colors, Numbers, Word Activities	Science OR Art	Letters, Colors, Numbers, Word Activities
9:50-10:30 <i>Am Snack</i>	Physical Activities	Intellectual Development Activity	Music/ Movement Instruments	Journal Crayons Pencils	Journal/Blank Paper with Crayons, Pencils, etc.
10:30-11:00 Outdoors	Free Play OR Water Play	Free Play OR Water Play	Free Play OR Water Play	Free Play OR Water Play	Free Play OR Water Play
11:30-12:00	Lunch/Diaper Change	Lunch/Diaper Change	Lunch/Diaper Change	Lunch/Diaper Change	Lunch/Diaper Change
12:00-2:00	Nap Time	Nap Time	Nap Time	Nap Time	Nap Time
2:00-3:00 Outdoors	Lunch 2 Free Play Water Play	Lunch 2 Dramatic Play	Lunch 2 Sensorial Activity	Lunch 2 Physical Activities	Lunch 2 Free Play Water Play
3:00-3:30 Outdoors	Linking Toys	Physical Activities	Physical Activity Water Play	Free Play Water Play	Word Play
3:30-4:00 Outdoors	Snack Free Play	Snack Free Play	Snack Free Play	Snack Free Play	Snack Free Play
4:00-4:20 Out/Indoor	Circle Story Time	Circle Story Time	Circle Story Time	Circle Story Time	Circle Story Time
4:25-5:00	Free play or Music	Free play or music	Free play or music	Free play or music	Free play or music
5:00-5:30	Physical Activities/games	Bingo Sequencing Recognition	Games Activities Jump Rope, Ball Games	Mystery Box Lacing Cards Group Activity	Linking Toys
5:30-6:00	Free Play	Free Play	Free Play	Free Play	Free Play

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2 ½ years to 3 Years

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30	Story Time Singing songs	Story Time Singing songs	Story Time Singing songs	Story Time Singing songs	Story Time Singing songs
9:30-10:00	Journal Drawing/ Creative Story	Science OR Art	Personal Drawing/ Diary	Science OR Art	Journal Drawing/ Creative Story
10:00-10:30	Chalk, Card Games	↓ Music/Dance	Colors, Letters, Shapes, Numbers	↓ Music/Dance	Physical Activity
10:30-11:15	Free Play OR Water Play	Free Play OR Water Play	Free Play OR Water Play	Free Play OR Water Play	Free Play OR Water Play
11:15-11:30	Clean Up/Wash Hands	Clean Up/ Wash Hands	Clean Up/ Wash Hands	Clean Up/Wash Hands	Clean Up/Wash Hands
11:30-12:00	Lunch 1	Lunch 1	Lunch 1	Lunch 1	Lunch 1
12:00-1:40	Nap Time	Nap Time	Nap Time	Nap Time	Nap Time
1:50	Lunch 2	Lunch 2	Lunch 2	Lunch 2	Lunch 2
2:00-3:00	Free Play OR Water Play	Dramatic Play Water Play	Sensorial Activity Water Play	Physical Activity Water Play	Free Play OR Water Play
3:00-3:30	Linking Toys OR Free Play	Physical Activity	Exercise and music Play	Word Play OR Free Play	Show and Tell OR Free Play
3:30-4:00	Snack Time	Snack Time	Snack Time	Snack Time	Snack Time
4:00-4:30	Circle/Story time	Circle/ Story Time	Circle/Story Time	Circle/Story Time	Circle/Story Time
4:30-5:00	Story/Sing Sharing Time	Story/Sing Sharing Time	Story/Sing Sharing Time	Story/Sing Sharing Time	Story/Sing Sharing Time
5:00-5:30	Physical Activities/games	Bingo Sequencing Recognition	Games Activities Jump Rope, Ball Games	Mystery Box Lacing Cards Group Activity	Linking Toys
5:30-6:00	Free Play	Free Play	Free Play	Free Play	Free Play

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3 Years to 3 ½ years

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30	Story Time	Story Time	Story Time	Story Time	Story Time
9:30-10:00	Journal Drawing/ Creative Story	Science OR Art	Personal Drawing/ Diary	Science OR Art	Journal Drawing/ Creative Story
10:00-10:30	Chalk, Card Games	↓Capoeira/ Music/Dance	Colors, Letters, Shapes, Numbers	↓Capoeira Music/Dance	Physical Activity
10:30-11:15	Free Play OR Water Play	Free Play OR Water Play	Yoga/Free Play OR Water Play	Free Play OR Water Play	Free Play OR Water Play
11:15-11:30	Clean Up/Wash Hands	Clean Up/ Wash Hands	Clean Up/ Wash Hands	Clean Up/Wash Hands	Clean Up/Wash Hands
11:30-12:00	Lunch 1	Lunch 1	Lunch 1	Lunch 1	Lunch 1
12:00-1:40	Nap Time	Nap Time	Nap Time	Nap Time	Nap Time
1:50	Lunch 2	Lunch 2	Lunch 2	Lunch 2	Lunch 2
2:00-3:00	Free Play OR Water Play	Dramatic Play Water Play	Sensorial Activity Water Play	Physical Activity Water Play	Free Play OR Water Play
3:00-3:30	Linking Toys OR Free Play	Physical Activity	Free Play	Word Play OR Free Play	Show and Tell OR Free Play
3:30-4:00	Snack Time	Snack Time	Snack Time	Snack Time	Snack Time
4:00-4:30	Circle/Story time	Circle/ Story Time	Circle/Story Time	Circle/Story Time	Circle/Story Time
4:30-5:00	Story/Sing Sharing Time	Story/Sing Sharing Time	Story/Sing Sharing Time	Story/Sing Sharing Time	Story/Sing Sharing Time
5:00-5:30	Physical Activities/games	Bingo Sequencing Recognition	Games Activities Jump Rope, Ball Games	Mystery Box Lacing Cards Group Activity	Linking Toys
5:30-6:00	Free Play	Free Play	Free Play	Free Play	Free Play

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3 1/2 Years to 4 Years

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30	Story Time	Story Time	Story Time	Story Time	Story Time
9:30-10:00	Journal Drawing Creative Story	Science Or Art	Journal Drawing/Creative Story	Science Or Art	Journal Drawing Creative Story
10:00-10:30	Chalk, Flash Cards, Word Games	↓Capoeira Music Movement	Colors, Letters, Numbers, Shapes	↓Capoeira Music Movement	Physical Games Chalk, Flash Cards, word Gam
10:30-11:15	Free Play Water Play	Free Play Water Play	Yoga, Free Play Water Play	Free Play Water Play	Free Play Water Play
11:30-11:45	Clean Up/ Wash Hands	Clean Up/ Wash Hands	Clean Up/ Wash Hands	Clean Up/ Wash Hands	Clean Up/ Wash Hands
11:45-12:00	Lunch	Lunch	Lunch	Lunch	Lunch
12:15-1:15	Nap Time	Nap Time	Nap Time	Nap Time	Nap Time
1:15	Wake Up	Wake Up	Wake Up	Wake Up	Wake up
1:40	Lunch 2	Lunch 2	Lunch 2	Lunch 2	Lunch 2
2:00-3:00	Free Play OR Water Play	Dramatic Play OR Water Play	Sensorial Play OR Water Play	Physical Games OR Water Play	Free Play OR Water Play
3:00-3:30	Linking Toys OR Free Play	Physical Games OR Free Play	Word games or Free Play	Show and tell OR Free Play	Free Play
3:30-4:00	Snack Free Play	Snack Free Play	Snack Free Play	Snack Free Play	Snack Free Play
4:00-4:30	Circle Story Time	Circle Story Time	Circle Story Time	Circle Story Time	Circle Story Time
4:30-5:00	Story/Singing Sharing Time	Story/Singing Sharing Time	Story/Singing Sharing Time	Story/Singing Sharing Time	Story/Singing Sharing Time
5:00-5:30	Physical Activities/ games	Bingo Sequencing Recognition	Games/Activities Jump Rope, Ball Games	Mystery Box Lacing Cards Group Activity	Linking Toys
5:30-6:00	Free Play	Free Play	Free Play	Free Play	Free Play

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4 1/2 Years to 5 1/2 Years

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30	Story Time / meeting Sharing time	Story Time meeting Sharing time	Story Time meeting Sharing time	Story Time meeting Sharing time	Story Time meeting Sharing time
9:30-10:00	Journal Drawing Creative Story	Science Or Art	Journal Drawing/Creative Story	Science Or Art	Journal Drawing Creative Story
10:00-10:30	Chalk, Flash Cards, Word Games	↓Capoeira Music Movement	Colors, Letters, Numbers, Shapes	↓Capoeira Music Movement	Physical Games Chalk, Flash Cards, word Gam
10:30-11:15	Free Play Water Play	Free Play Water Play	Yoga, Free Play OR Water Play	Free Play Water Play	Free Play Water Play
11:30-11:45	Clean Up/ Wash Hands	Clean Up/ Wash Hands	Clean Up/ Wash Hands	Clean Up/ Wash Hands	Clean Up/ Wash Hands
11:45-12:00	Lunch	Lunch	Lunch	Lunch	Lunch
12:15-1:15	Nap Time	Nap Time	Nap Time	Nap Time	Nap Time
1:15	Wake Up	Wake Up	Wake Up	Wake Up	Wake up
1:40	Lunch 2	Lunch 2	Lunch 2	Lunch 2	Lunch 2
2:00-3:00	Free Play OR Music Water Play	Dramatic Play OR Water Play	Sensorial Play OR Water Play	Physical Games OR Water Play	Free Play OR Music Water Play
3:00-3:30	Linking Toys OR Free Play	Physical Games OR Free Play	Word games or Free Play w music and games	Show and tell OR Free Play	Show and tell Free Play
3:30-4:00	Snack Free Play	Snack Free Play	Snack Free Play	Snack Free Play	Snack Free Play
4:00-4:30	Circle Story Time	Circle Story Time	Circle Story Time	Circle Story Time	Circle Story Time
4:30-5:00	Story/Singing Sharing Time	Story/Singing Sharing Time	Story/Singing Sharing Time	Story/Singing Sharing Time	Story/Singing Sharing Time
5:00-5:30	Physical Activities/ games	Bingo Sequencing Recognition	Games/Activities Jump Rope, Ball Games	Mystery Box Lacing Cards Group Activity	Linking Toys
5:30-6:00	Free Play	Free Play	Free Play	Free Play	Free Play

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